

**Robert P. Donahue**  
 Newport, RI and Santa Barbara, CA • (781)-856-0359  
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[www.RobertPDonahue.com](http://www.RobertPDonahue.com)

**EXECUTIVE CHEF**

**Specializing in natural wellness cuisine and fine dining.**

Over 25 years experience managing estate kitchens and yacht galleys: provisioning, preparing and presenting high quality food. Professional caterer and successful seafood wholesale / retail / seafood market owner / operator.

A seasoned professional who listens and adapts to the stylings and sensitivities of clients; ensuring quality wholesome ingredients, expert preparation, with a focus on cleanliness, sanitation, along with first class service.

- Ability to manage staff with a team spirited approach.
- Skilled in multicultural cuisines prepared in classic and modern techniques.
- Certified / Licensed Zen Shiatsu MassageTherapist with over 6000 hours / training and experience.

**EXPERIENCE**

Over all responsibilities as a private chef include budget management, provisioning, menu planning, preparation, presentation, staff management, cleanliness and sanitation.

As a Zen Shiatsu Massage therapist I provide clients with techniques based on thousands of years of Eastern Philosophy and methods of healing.

ESTATES OF: Mr. Steve Posthuma Mr. Bruce Pollack Mr. Seth Bock  Past Clients	June 2024- Dec 2024	Private Chef Zen Shiatsu Massage Seasonal
Mr. & Mrs. Ron Pharris Mr. & Mrs. Larry Pharris With Captain's Christopher O'Neil &	October 2021 –February 2023 May 2023 – Aug.-2023 January 2024 – May 2024	Private Chef Zen Shiatsu Massage Seasonal

Worth Brown PHARRIS / SEAHAWK		
Mr. & Mrs. Harold Zeigler Zeigler Auto Group	August – September 2021 Sept. 2023 – Oct. 2023	Private Chef Zen Shiatsu Massage Seasonal
Mr. & Mrs. Jim Seagrave Jet stream Aviation With Captain Brian Cooper	July – August 2021	Private Chef Zen Shiatsu Massage Seasonal
Mr. & Mrs. August Busch III & families (Anheuser-Busch)	June 2019- April 2020	Private Chef Zen Shiatsu Massage Seasonal
Mr. Steven Busch (Son) President Krey Distributing Co. LLC. With Captain Naylor	June 2019 to April 2020	Private Chef Zen Shiatsu Massage Seasonal
Mr. & Mrs. Mactaggart and family Exumas Bahamas	Dec 2013 –April 2020	Private Chef Zen Shiatsu Massage Seasonal
Mrs. Kathleen B. Walgreen of Walgreens Pharmaceuticals / with Captain Bill Hawes	Sept –Oct 2018	Private Chef Zen Shiatsu Massage Seasonal
John Florez and family Drupal Connect, Newport RI. & Austin TX.	Apr 2011 to Present	Private Chef Zen Shiatsu Massage Seasonal
Bella Pizza Billerica Ma.	Feb 2015 to Dec 2016	Owner / Operator
Newport Acupuncture & Wellness Center, Newport RI.	Sep 2010 to Dec 2013	Zen Shiatsu Massage Therapist
Lori Ann David Estate	Nov 2009 - May 2010	Private Chef Zen Shiatsu Massage Seasonal

**YACHT EXPERIENCE 1999 – 2025. M/Y= Motor Yacht S/Y =Sail Yacht**

Jet stream M/Y 130'	Ziggy M/Y 117'
Avante V M/Y 120'	Seahawk M/Y 112'
Sacajawea M/Y 140'	Arabella S/Y 160'

	Liquidity M/Y 112'	Turmoil M/Y, Owned by Lands End 147'
	Miss Michele M/Y 103'	MirgabV M/Y 145'
	Destiny M/Y, Owned by TMW Yachts 126'	Joanne M/Y 120'
	Drinkability M/Y 100'	Bouchon M/Y 155'

## **EDUCATION**

**2000 – 2001 Charles River School of Shiatsu.** Zen Shiatsu Practioner Eastern/Japanese Technique & Philosophy

**1996 – 1998, Boston Shiatsu School,** Cambridge MA  
 Licensed Zen Shiatsu Practioner  
 Classically Trained and certified AOBTA Zen Shiatsu  
 Certified in CPR and First Aid

## **SPECIALIZED TRAINING**

**Zen Shiatsu Certified & Licensed since 1998**

RAW CULINARY ARTS CHEF CERTIFICATION (At Rawbert's Organic Garden)  
 Beverly Mass.

## **REFERENCES UPON REQUEST**

**Steve Posthuma** Posthuma Estates  
Cell: 820-758-1003

**Bruce Pollack, Cornwall Estate**  
401-402-0731

**Steven A. Busch** (President)  
Busch Distributing Co. LLC..  
314-825-1160

**Captain Andrew Naylor**  
M/Y Drinkability 401-885-1358

**John Florez, CEO Drupal Connect,**  
Cell: 512-413-6345, john@drupalconnect.com

**Mrs Mactaggart**  
Personal Secretaries  
Audrey Stirton  
Office: 780-459-4332  
[Audrey@CEMAC.com](mailto:Audrey@CEMAC.com)

**Judith Weiss**  
Office 780-417-3214  
Judith@CEMAC.com

**Captain Steve Pulaski**  
Cell: 954-817-5097

**Seth Bock, Newport Acupuncture**  
Cell: 401-743-7613

**Captain Worth Brown**  
352-201-9877

**Captain Christopher O'Neil**  
561-660-3880

**Owner Harold Zeigler**  
269-370-7087

**Captain Bill Hawes**  
Cell: 954-646-7055

**Captain Cory Koch**  
616-886-3616

**Jet Stream Executive: Anthony**  
919-614-0651